SELFIE POSTER
Print on 8.5x11 paper and cut out along the dotted lines. Attach to a stick or just simply hold it and take a selfie! Use the hashtag #ListenToYourHeart and show your support for National Heart Valve Awareness Day!

I
Listened
to my heart
and learned about heart valve disease.

#ListenToYourHeart

ValveDiseaseDay.org