

# SELFIE POSTER

Print on 8.5x11 paper and cut out along the dotted lines. Attach to a stick or just simply hold it and take a selfie! Use the hashtag #ListenToYourHeart and show your support for National Heart Valve Awareness Day!

I

*Listened*  
*to my heart*

**and learned about  
heart valve disease.**



**#ListenToYourHeart**