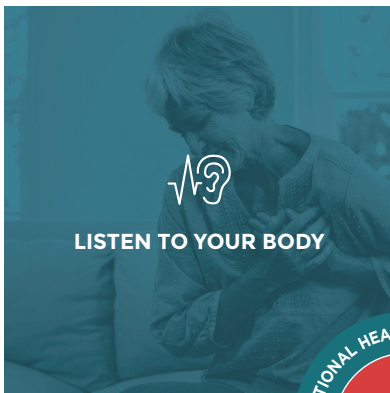


Symptoms of valve disease may be dismissed as a “normal” part of aging so watch for shortness of breath, weakness, dizziness, tightness in the chest, and fatigue



Detecting valve disease can be as simple as a routine check with a stethoscope or an echocardiogram—so see your healthcare professional regularly—especially if you have risk factors.

Valve disease becomes more common with age—1 in 8 Americans > age 75 have the disease—and previous heart conditions, congenital abnormalities, and infections that impact the heart also put you at heightened risk



Help raise awareness by joining the National Heart Valve Disease Awareness Day campaign and teach your loved ones about this serious disease





>5 million Americans are estimated
to have heart valve disease
yet **3 out of 4** Americans
know little to nothing about it

Heart valve disease (HVD) can be disabling
and deadly but can usually be successfully
treated in patients of all ages. This makes
recognizing symptoms and getting a
diagnosis critical so make sure you
and your loved ones.

